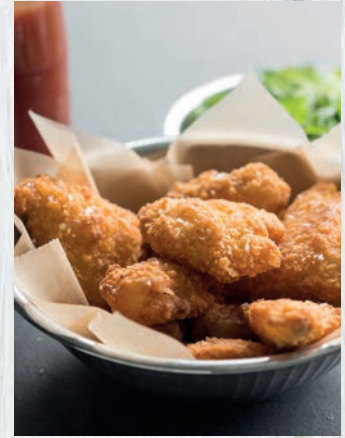




KIRIMI HOKI BITES



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Hand cut, snap-frozen skin on Hoki fillets in a traditional Japanese panko crumb.

We hand cut selected fillets with care then freeze them to capture their natural goodness. Hoki bites are bite sized portions of Hoki fillet, individually coated in a traditional panko crumb.

Hoki is a white, flaky and succulent fish with a mild flavour. Hoki, related to hake, is also known as Whiptail, Blue Hake or Blue Grenadier. Sealord Hoki found in New Zealand waters averages 60-100cm (23-40 inches) in length and has an average weight of 1.5kg (3.3lb).

Hoki is caught by trawling in water 200-800 metres (650-2600 feet) deep. Hoki is most abundant around the South Island of New Zealand. The species is fished year round but the peak catching period is June to September.

Sealord Hoki comes from a sustainable and well managed fishery.

Product Code	102779
Description	Hoki Bites
Pack Size	3kg
Case Weight	3kg
Case Size LxWxH	280 x 240 x 140mm
Case Barcode	19415022027795
Servings Per Pack	30 (approx)
Serving Size	100g

	Average Quantity per Serving	Average Quantity per 100g
Energy	518kJ	518kJ
Protein	12.7g	12.7g
Fat Total	1.2g	1.2g
Saturated	0.17g	0.17g
Carbohydrate - Total	15.5g	15.5g
Sugars	0.8g	0.8g
Sodium	225mg	225mg
Ingredients	Hoki Fillet (45%), Crumb Coating (55%) [Wheat Flour, Water, Starch, Salt, Yeast, Glucose, Flavour Enhancer (621), Colour (160b)].	
Allergen Statement	Contains fish, wheat and gluten.	
Cooking Instructions	(From frozen) This frozen product is uncooked. Ensure fish portions are hot and cooked right through before serving. DEEP FRY Preheat oil to 180°C, fry for 3-4 minutes or until golden brown. Drain well and serve.	
Quality	Although extra care is taken to remove all bones, small bones may remain.	
Storage Guide	This product is snap frozen and should remain in perfect condition if stored at -18°C until the best before date.	

MADE IN JAPAN from local and imported ingredients

**WE GUARANTEE THE QUALITY OF OUR PRODUCTS.
CONTACT US WITH ANY QUESTIONS OR COMMENTS.**

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